

# THE MALT SHOVEL

AT BARSTON

## To start

<b>marinated olives v</b>	£2.95
<b>herb &amp; garlic butter ciabatta</b> <i>confit garlic v</i>	£4.95
<b>homemade soup of the day</b> <i>sea salt &amp; rosemary focaccia croutons v GFO</i>	£5.95
<b>grilled halloumi &amp; breaded brie</b> <i>apple &amp; apricot chutney v</i>	£7.95
<b>classic scampi</b> <i>tartare sauce, lemon</i>	£8.50
<b>jerk chicken thighs</b> <i>roasted in ginger beer, Jamaican beans &amp; corn GF</i>	£8.50
<b>black truffle tortellini</b> <i>Serrano ham, soy beans, parmesan crisp</i>	£7.50

## Starter or Main

<b>salmon fishcakes</b> <i>spinach, free range poached eggs, tarragon hollandaise</i>	£8.50 / £14.95
<b>lambs kidneys</b> <i>bacon, field mushrooms, jus GFO</i>	£7.50 / £13.95
<b>super food salad</b> <i>roast pumpkin, beets, bulgur wheat, free range boiled egg, crushed avocado, chia, blueberries, pomegranate v GFO</i>	£8.50 / £14.95
<b>caesar salad</b> <i>cajun blackened chicken, smoked bacon, focaccia croutons, parmesan GFO</i>	£8.50 / £14.95

## Main

<b>battered fish</b> <i>fat chips, minted pea puree, tartare sauce, lemon</i>	£14.50
<b>Thai panaeng vegetable curry</b> <i>jasmine rice Vegan</i>	£14.50
<b>corn fed chicken breast</b> <i>stuffed with chorizo, chestnut mushrooms cream, white truffle oil GF</i>	£15.50
<b>calves liver</b> <i>buttered mash, maple roasted onions, sage crisps GF</i>	£14.95
<b>pork belly</b> <i>chorizo, leek, cider &amp; orange marmalade, mash GF</i>	£15.50
<b>rib eye steak</b> <i>garlic sautéed field mushrooms, Diane sauce, homemade twice fried chips GFO</i>	£19.50
<b>Aberdeenshire rump steak</b> <i>onion rings, homemade twice fried chips, peppercorn cream GFO</i>	£16.50
<b>roast beef</b> <i>- Yorkshire pudding, thyme roasted potatoes, jus</i>	£14.95
<b>free range roast pork</b> <i>- thyme roasted potatoes, stuffing, apple chutney, jus</i>	£13.95
<b>corn fed chicken breast</b> <i>- thyme roasted potatoes, stuffing, jus</i>	£13.95

*all roasts served with seasonal vegetables-served Sundays only*

## bit on the side all £3.50

garden peas with chorizo ~ honey & fennel carrots ~ mixed seasonal vegetables  
 green beans, shallots & parmesan ~ rocket, parmesan & aged balsamic £4.50  
 beer battered onion rings ~ homemade twice fried chips ~ buttered new potatoes



t 01675 443 223  
 e [themaltshovelatbarston@gmail.com](mailto:themaltshovelatbarston@gmail.com)  
 w [www.themaltshovelatbarston.com](http://www.themaltshovelatbarston.com)

Follow us on Twitter...  
 MaltShovelPub  
 Find us on Facebook...  
 maltshovel.barston

The Malt Shovel at Barston,  
 Barston Lane, Barston, Solihull,  
 West Midlands, B92 0JP

# THE MALT SHOVEL

AT BARSTON

## To Finish

**chocolate sphere** *filled with whiskey mascarpone, Belgium chocolate ice cream, caramel sauce* **GF £8.50**

**poached clementine's & apricots** *panna cotta ice cream, mint crisp* **GF£6.50**

**blackberry & apple tart** *pecan crumble & caramelita ice cream* **£7.50**

**sticky toffee pudding** *banana ice cream, toffee sauce, glazed banana* **£6.95**

**fig & walnut cheesecake** *blonde raisin & cinnamon syrup* **£6.95**

**chocolate slice** *nougat, chocolate orange sauce* **GF £6.95**

**selection of ice cream & sorbet** *3 scoops* **GFO £5.95**

**English & European cheeses** *grapes, celery, red onion chutney, Artisan crackers* **GFO £8.95**

## Specials of the day

### starters

**seared scallops** **£12.95**

*parsnip puree, peas & Wiltshire ham*

**crispy calamari** **£10.95**

*satay, coriander, pickled ginger*

**fillet of monkfish & tempura king prawn** **£11.95**

*sesame seed & coconut crumb, wasabi mayo, lime dressed pepper grass*

**champagne & orange marinated smoked salmon** **£9.95**

*salmon caviar, poached egg, almond & raisin toast*

### mains

**grilled swordfish**

*chargrilled courgette, sun dried tomatoes, samphire, salmon caviar* **£16.50**

**pan fried sea bass** **£16.95**

*black risotto, cous cous breaded goats cheese, mango gel*

**½ tempura lobster tail** **£18.95**

*vegetable red Thai curry, rice*

**trio of Packwood estate venison** **£20.95**

*loin, bon bon & saddle, sherry gratin, red berry jus*

**homemade cottage pie** **£14.95**

*red cabbage, bacon butter*




t 01675 443 223

e [themaltshovelatbarston@gmail.com](mailto:themaltshovelatbarston@gmail.com)

w [www.themaltshovelatbarston.com](http://www.themaltshovelatbarston.com)

Follow us on Twitter...  
 [MaltShovelPub](https://twitter.com/MaltShovelPub)

Find us on Facebook...  
 [maltshovel.barston](https://www.facebook.com/maltshovel.barston)

The Malt Shovel at Barston,  
 Barston Lane, Barston, Solihull,  
 West Midlands, B92 0JP

# THE MALT SHOVEL AT BARSTON

## Specials of the day

### starters

**seared scallops** pressed belly pork, pea & mint 'soup' £13.95

**smoked salmon & crayfish roulade** wrapped in radish & cucumber, apple & lime purée, brioche crisp £8.95

**pigeon breasts** celeriac purée, roast pear, maple reduction £9.50

**smoked cod arancini** courgette spaghetti, sun dried tomato pesto £8.95

### **duo of tortelloni**

*black truffle, goats cheese & beetroot, tomato passata, parmesan V* £8.50 OR £15.95

### mains

**grilled sea bass** Tandoori rub, sweet potato, almonds, mango yoghurt £16.95

**dry aged rib eye steak** blue cheese, wild mushrooms, homemade twice fried chips £20.95

**pan fried monkfish** Thai red curry, Asian vegetables, jasmine rice £18.95

**roast duck breast** Chinese marinade, egg noodles, stir fried vegetables, oyster sauce £16.95

**grilled halibut** buttered Savoy cabbage & radicchio, smoked ham, Jersey Royals £18.50

**Chateau Ste Michelle, Riesling** Columbia Valley 2014 £7.55 175 ml / £8.85 250 ml

Refreshing, crisp, flavoursome off-dry vintage – perfect accompaniment with fish!



t 01675 443 223  
e themaltshovelatbarston@gmail.com  
w www.themaltshovelatbarston.com

Follow us on Twitter...  
MaltShovelPub  
Find us on Facebook...  
maltshovel.barston

The Malt Shovel at Barston,  
Barston Lane, Barston, Solihull,  
West Midlands, B92 0JP